



Proudly serving coffees from **BIG ISLAND COFFEE ROASTERS** & **PARADISE COFFEE ROASTERS**

## ESPRESSO

Roasted by Paradise Roasters, our Espresso Nuevo is seasonally sourced from various coffee-growing regions to create a complex, well-balanced espresso.  
All beverages are made as double espressos.

<b>DBL ESPRESSO</b>	<b>\$7</b>	<b>CAPPUCCINO</b>	<b>\$10</b>
<b>AMERICANO</b>	<b>\$7</b>	<b>LATTE</b>	<b>\$10</b>
<b>MACCHIATO</b>	<b>\$8</b>	<b>MOCHA</b>	<b>\$11</b>
<b>FLAT WHITE</b>	<b>\$8</b>		
<b>CORTADO</b>	<b>\$8</b>		

## HOUSE BREW

**12oz \$6.50 | 16oz \$7.50**

### KONA BLOOM

Medium roast, Kona Earth Farm, Hualālai  
Tasting notes: Peach, toffee, cacao

### KAU DARKWOOD

Dark roast, Kona Earth Farm, Hualālai  
Tasting notes: Dark fudge, tobacco, blackberry & spruce.

### CAFÉ AU LAIT

Choice of roast with steamed milk  
**+\$1.50**

**COLD BREW 16oz \$9 | 20oz \$12**

## FILTER

Seasonal coffee selections from Big Island Coffee Roasters  
Please allow 5 minutes for preparation & brewing.

**POUR OVER \$12**  
**FRENCH PRESS \$15**

## TEA

SoHa Teas are served **HOT** or **ICED**  
**12oz or 16oz \$7.50**

**HOUSE BLACK**  
**HOUSE GREEN TEA**  
**JASMINE GREEN TEA**  
**EARL GRAY**

**HIBISCUS BLOOM**  
**OOLONG**

**CHAI LATTE**  
**\$8 | \$9**  
**MATCHA** (non-sweet)  
**\$10 | \$11**

## SHAKES

**16oz \$14 | 20oz \$16**

**TAHITIAN VANILLA**  
**CHOCOLATE**  
**MACADAMIA NUT**  
**MINT CHOCOLATE CHIP**  
**KONA COFFEE**  
**STRAWBERRY**  
**LILIKO'I**  
**OREO**  
**MOCHACCINO**

**GOTTA LOVE IT** Banana, frozen  
strawberry, vanilla ice milk

**\*HARLEY'S "VERY BERRY"** Strawberry,  
blueberry, orange, protein powder, non-fat  
milk

**\*HARLEY'S "PINA COLADA"** Banana,  
pineapple, orange, coconut milk, protein  
powder

**KRISTEN'S CREATION** Coconut milk,  
banana, mango, papaya, pineapple juice,  
Greek yogurt, protein powder, spirulina

*Signature*

## SMOOTHIES

**12 oz.\$13 | 16oz \$14 | 20oz \$16**

**GREEN FLASH MATCHA** Matcha,  
spinach, banana, pineapple, & coconut milk

**POWER OATS** Peanut butter, rolled oats,  
banana, strawberry, cacao nibs, milk

**AVO-TIME** Avocado, mango, Greek  
yogurt, honey, bee pollen, milk, banana

**RISE AND GRIND** Organic peanut butter,  
banana, espresso, unsweetened cacao,  
honey, coconut milk

*\*Smoothies from Harley Pasternak's New York Times bestselling book, "The Body Reset Diet."  
Harley is a celebrity personal trainer, best-selling author, and nutritionist.*

## BOOSTS

**PEANUT BUTTER \$2**  
**BP FIT \$2.50**  
**1/2 AVOCADO \$5**  
**WHEY PROTEIN POWDER \$2.50**  
**VEGAN PROTEIN POWDER \$2.50**

**BEE POLLEN \$3.75**  
**CACAO NIBS \$2**  
**CHIA SEEDS \$1**  
**FLAX SEEDS \$1**

**ORGANIC TURMERIC POWDER \$1.50**  
**BLUE OR GREEN SPIRULINA \$1.75**  
**KALE \$1**  
**SPINACH \$1**