

PASTRIES

CROISSANT \$5.5

ALMOND CROISSANT \$7

CHOCOLATE CROISSANT \$7

BAGEL \$5

SCONE \$5.5

ENERGY BAR \$5

COOKIES \$4

CINNAMON ROLL \$6

BANANA BREAD \$6

BROWNIE (GF) \$5.5

ZUCCHINI MUFFIN (GF) \$6

QUINOA VEGAN MUFFIN \$6

BREAKFAST

AVOCADO TOAST \$13 *

12 grain, Keauhou avocado, pistachio dukkah, sundried tomato
Kalamata olives, feta cheese, pickled onions

CROISSANT SANDWICH \$9

Ham, Swiss & egg

BREAKFAST BURRITO ✕ \$10.5

Flour tortilla, scrambled eggs, cheddar cheese
Portuguese sausage, tomato & onions

FRESH FRUIT

Melons \$9.5 | Berries \$10

BAGEL SANDWICH ✕ \$10.5

Scrambled eggs, cheddar cheese & bacon
on a toasted plain bagel

BREAKFAST PANINI ✕ \$10.5

Sausage, scrambled eggs & cheese on an English Muffin

EGG WHITE WRAP (V) ✕ \$9.5

Whole-wheat tortilla, egg whites, cheddar cheese
spinach & roasted red peppers

QUICHE ✕ \$8

Choice of Spinach, Onion, Mushroom (V)
or 3 Cheese & Ham

CUPS & BOWLS

COCONUT CHIA PUDDING (VGN, GF) \$9.5

Choice of:

Blueberries, Strawberries or Banana

OVERNIGHT OATS W/FRUIT (VGN) \$9.5

Rolled oats, flax seed chia & almond milk

THE CLASSIC ACAI (VGN, GF) \$17

Acai blended with strawberries, blueberries
& apple juice. Topped with house made
granola, banana, blueberries, coconut &
agave, power coco, pb&j

YOGURT PARFAIT (V, GF) \$9.5

Layers of yogurt, fruit, and granola
topped with your choice of
Honey or Agave

LUNCH

All wraps & sandwiches are served with a **PICKLE WEDGE** & bag of **CHIPS**

SANDWICHES

PESTO CHICKEN PANINI \$17

Roasted chicken, tomato & basil
buffalo mozzarella on Ciabatta

GRILLED PORTOBELLO (VGN) ✕ \$16

Portobello, roasted red bell pepper
grilled asparagus & sweet Maui onion
Arugula, balsamic vinaigrette on torta roll

ROASTED TURKEY HOAGIE \$17

Roasted turkey, lettuce, tomato, shaved
red onion, mayo, red wine vinaigrette
pepperoncini & provolone

PORK BANH MI \$18

Char siu pork, cucumber, lettuce
cilantro, mint, pickled vegetables
on warm baguette

FAVORITES ✕ \$14

Tuna salad or egg salad(V)with lettuce
on whole wheat

WRAPS

CHICKEN CAESAR ✕ \$14

Baby romaine lettuce, chicken &
Parmesan cheese with Caesar
Cardini dressing

CHICKEN CURRY \$14

Mixed greens, yellow curried chicken
& papaya

HUMMUS & VEGGIE (VGN) \$13

Bell Pepper, baby greens, tomato cucumber,
oil & vinegar, herbs

TURKEY CLUB ROLL UP \$15

Roast turkey, Applewood smoked bacon
lettuce, tomato, avocado, chipotle aioli

CHALLAH DOG \$11

Eisenberg Kosher beef, challah braid

SALADS

ASIAN CHOP ✕ \$19

Mixed greens, cabbage, grilled chicken &
crispy wontons with a
creamy soy dressing

CAESAR (GF) ✕ \$19

Grilled lemon chicken
crisp baby romaine, Parmesan cheese
with Caesar dressing

SOUTHWEST COBB (GF) \$19

Blackened chicken breast, romaine
black beans, corn, grape tomato, green
beans, avocado, pepper jack cheese
red pepper ranch dressing

SPINACH & KALE (VGN, GF) \$19

Baby spinach & kale, shredded carrots
hearts of palm, toasted Macadamia nuts,
dried cranberries, cherry tomato cucumber,
Tahini lime vinaigrette

✕ Item is travel friendly (VGN) Vegan (V) Vegetarian (GF) Gluten Free

Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food borne illness