

PASTRIES

CROISSANT \$6	BAGEL \$6	COOKIES \$4	CARROT CAKE MUFFIN (GF) \$6
ALMOND CROISSANT \$7	SCONE \$6	CINNAMON ROLL \$8	VEGAN BLUEBERRY MUFFIN \$6
CHOCOLATE CROISSANT \$7	ENERGY BAR \$5	BANANA BREAD \$6	FRENCH TOAST MUFFIN \$6
		BROWNIE (GF) \$6	

BREAKFAST

AVOCADO TOAST \$15 12 grain, Keauhou avocado, Kalamata olives, feta cheese
CROISSANT SANDWICH \$12 Ham, Swiss & egg
BREAKFAST BURRITO ✕ \$14 Flour tortilla, scrambled eggs, cheddar cheese Portuguese sausage, tomato & onions
FRESH FRUIT Melons \$10 Berries \$12 1/2 PAPAYA \$6



BAGEL SANDWICH ✕ \$14 Scrambled eggs, cheddar cheese & bacon on a toasted plain bagel
BREAKFAST PANINI ✕ \$14 Sausage, scrambled eggs & cheese on an English Muffin
EGG WHITE WRAP (V) ✕ \$12 Whole-wheat tortilla, egg whites, cheddar cheese spinach & roasted red peppers
QUICHE ✕ \$8 Choice of Spinach, Onion, Mushroom (V) or 3 Cheese & Ham

CUPS & BOWLS

COCONUT CHIA PUDDING (VGN, GF) \$10 Choice of: Blueberries, Strawberries or Banana	THE CLASSIC ACAI BOWL (VGN, GF) \$17 Acai sorbet, strawberries, banana blueberries, topped with house-made granola, coconut & agave.
OVERNIGHT OATS W/FRUIT (VGN) \$10 Rolled oats, flax seed chia & almond milk	PB&J ACAI BOWL (V, GF) \$17 Acai sorbet & peanut butter. Topped with house-made granola, banana, honey & chia seeds
YOGURT PARFAIT (V, GF) \$10 Layers of yogurt, fruit, and granola topped with your choice of Honey or Agave	POWER COCO ACAI BOWL (V, GF) \$17 Acai sorbet blended with coconut water, spirulina & protein powder. Topped with house-made granola, banana, coconut flakes & chia seeds

LUNCH

All sandwiches & wraps are served with a **PICKLE WEDGE** & bag of **CHIPS**

SANDWICHES

TUNA MELT \$17 Tuna, celery, apple, pickle, Kalamata olives, mayo, and marinara with provolone cheese on 12 grain
ROASTED TURKEY HOAGIE \$17 Roasted turkey, lettuce, tomato, shaved red onion, mayo, red wine vinaigrette pepperoncini & provolone
ROAST BEEF SANDWICH \$18 Telera roll, Muenster cheese, roast beef, lettuce, tomato, with Pommery mustard
EGG SALAD ✕ \$14 Egg salad (V) with lettuce on whole wheat
GRILLED CHEESE SANDWICH (V) \$12 Swiss, cheddar, Muenster on sour dough
PESTO CHICKEN PANINI \$18 Roasted chicken, tomato & basil buffalo mozzarella on Ciabatta

WRAPS

CHICKEN CAESAR ✕ \$15 Baby romaine lettuce, chicken & Parmesan cheese with Caesar Cardini dressing
CHICKEN CURRY \$15 Mixed greens, yellow curried chicken & papaya
TURKEY CLUB ROLL UP \$16 Roast turkey, Applewood smoked bacon lettuce, tomato, avocado, chipotle aioli
CHALLAH DOG \$12 Eisenberg Kosher beef, challah braid

SIDE

POACHED SHRIMP (5 PC) \$15 Cocktail sauce and lemon

SALADS

ASIAN CHOP ✕ \$20 Mixed greens, cabbage, grilled chicken & crispy wontons with a creamy soy dressing
CAESAR (GF) ✕ \$20 Grilled lemon chicken crisp baby romaine, Parmesan cheese with Caesar dressing
SOUTHWEST COBB (GF) \$22 Blackened chicken breast, romaine black beans, corn, grape tomato, green beans, avocado, pepper jack cheese red pepper ranch dressing
TOFU SALAD (VGN, GF) \$10 Firm tofu, mixed greens, cucumber, grape tomato, green onions, Kim Chee sauce, sesame seeds
GREEN TEA NOODLE SALAD (V) \$18 Green tea noodles, mixed greens, cabbage, carrots, green beans, grape tomato, cucumber, jalapeño, peanuts with a soy vinaigrette

✕ Item is travel friendly (VGN) Vegan (V) Vegetarian (GF) Gluten Free