

*Hualālai Spa*



FOUR SEASONS RESORT  
*Hualālai*



At the Hualālai Spa we've created a unique experience at The Apothecary. Choose elements of Hawai'i to soothe your needs. It's here that you will share your treatment intentions and desired benefits with your service provider. You'll be offered an abundance of Hawaiian ingredients at The Apothecary; a variety of salt including black lava salt, hibiscus and crushed macadamia nuts. You will be invited to choose your preferred scented oil and advised which botanicals and herbs are best suited for your treatment needs. The Apothecary is an unique place where Hawaiian ingredients from the Earth are chosen and mixed especially for you.

Our open air Waiea Garden (Water of Life) is a sanctuary of natural beauty which invites you to relax and re-connect. Listen to the soothing sounds of the waterfall, take in the fragrance of our tropical garden and treat your feet to reflexology in the cool stream. At Hualālai Spa, we honor the healing traditions of Hawai'i through a full complement of salon services, skin care, body treatments and massage therapies.



*Menu of Services*

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## *Apothecary Treatments*

### **Apothecary Mud & Clay Mosaic**

Volcanic Mud and Deep Sea Clay are freshly mixed and infused with pure, therapeutic essential oils that will tone and stimulate your skin. The blend is then warmed and applied to specific areas of the body to draw out toxins and ease inflammation. This therapy is also beneficial for those with problematic skin conditions.

*80 Minutes - \$250*

### **Hulali (Sparkle) Treatment**

For radiant skin, we suggest that you experience a unique Hawaiian body scrub created at the Apothecary. During your consultation, a personalized blend of local ingredients will be created and then used in treatment to exfoliate your skin leaving it feeling fresh and glowing.

*80 minutes, includes consultation time. - \$250*

### **Wawali (Smooth) Treatment**

Using indigenous ingredients, a body mask is custom blended to meet your individual needs for moisturizing, mineralizing, cleansing or softening. You will be cocooned in warm linens while enjoying a face, neck and scalp massage.

*80 minutes, includes consultation time. - \$250*

### **Linohau (Perfection) Treatment**

Our most luxurious and decadent offering that includes a personal consultation to help you create both the Hulali (scrub) and Wawali (mask & wrap) followed by an extended massage period.

*120 minutes, includes consultation time. - \$425*

## Water Cures

All 50 minute Water Cures include skin brushing, scalp and foot massage and bath plus an herbal infusion.

All 80 minute Water Cures include skin brushing, a 30 minute massage and bath plus an herbal infusion.

### **Aphrodisiac**

Soak yourself into euphoria! Hawaiian Island salts are combined with pure essential oils to create an experience that is sedative and tranquilizing.

*50/80 minutes - \$160/\$240 per person*

### **Deep Renewal Detox**

A stimulating and renewing Water Cure supports the cleansing of over-burdened lymphatic or digestive systems. Active ingredients are absorbed by the body promoting the removal of toxins.

*50/80 minutes - \$160/\$240 per person*

### **Exotic Hibiscus & Moisturizing Coconut Milk**

The sweet nectar of hibiscus flowers, combined with moisturizing vitamin-rich coconut milk is softening and replenishing. The exotic fragrance alone will inspire you to slow down and reconnect.

Immerse yourself in pure bliss.

*50/80 minutes - \$160/\$240 per person*



## Massage Therapies

### Aromatherapy Massage

The purest essential oils combined with gentle massage techniques stimulate the body's own self-healing and inspire true replenishment.

*50/80/105 minutes - \$190/\$260/\$325*

### Ashiatsu

Inspired by Eastern massage techniques and adapted from ancient forms of barefoot massage, Ashiatsu ("Ashi" means foot and "atsu" means pressure). Our therapist, supported by parallel bars suspended from the ceiling, applies deep foot pressure to strategic points along the spine and body to achieve maximum muscle compression. One and two-footed strokes distribute pressure evenly over a large area of the body, thereby providing deep, relaxing massage.

*80/105 minutes - \$285/\$360*

### Ashi-Thai

Ashi-Thai is an expression of traditional Thai techniques and exercises that have been modified to use with parallel bars from the ceiling. This flowing and rhythmic approach can revitalize energy lines and leave a profound affect by relieving muscular tension and improving range of motion. Performed with loose clothing.

*80/105 minutes - \$265/\$340*

### Craniosacral Therapy

This light touch therapy helps release restrictions in the central nervous system that surrounds the brain and spinal cord. Beneficial for headache, TMJ syndrome, dizziness, chronic fatigue, hormonal imbalance, pregnancy and much more. Loose clothing recommended.

*50/80 minutes - \$190/\$255*

### Duet Massage

Relax and enjoy the benefits of massage, side by side in our couples hale (house). Each person may select the service of their choice from our menu of massage therapies.

*50/80 minutes - \$180/\$250 per person*

### Deep Tissue

Experience a "new" technique at Hualālai Spa that focuses on work with the deeper layers of the body by sinking through superficial layers. Your therapist will vertically engage the muscle until the layer of tension is recognized and then moves obliquely to lengthen short muscle and fascia. This massage does not engage intense pressure but will allow for the body to experience slow release of tension.

*50/80/105 minutes - \$220/\$285/\$360*

### Hapai (Pregnancy) Massage

Our therapist's gentle and soothing touch reduces stress, promotes relaxation, increases circulation, and nurtures and honors you in this special time.

*50 minutes - \$190*

### Hualālai Island Stone Massage

Powerful restorative, energy balancing and grounding treatment. Hot and cold stones are placed on and under the body to open the body's energy centers to promote circulation. Cold stones are also used to decrease areas of inflammation. Massage is incorporated to take advantage of the increased circulation and promote a feeling of balance, rejuvenation and relaxation.

*80 minutes - \$255*

### Lomi Lomi

This traditional Hawaiian massage is a sacred healing art handed down from generation to generation by Kupuna (elders). Techniques are rhythmic and unique to each therapist, integrating use of palms and forearms, an excellent full body wellness massage.

*50/80/105 minutes - \$180/\$250/\$315*

### Reiki

"Reiki" that Japanese word meaning "universal life force energy". Hands are placed on the body to channel energy into the body to release blockage and stimulate energy. Assists in relieving stress leaving you feeling calm and relaxed.

*50/80 minutes - \$185/\$255*

### Shiatsu

An ancient form of therapy "shi" meaning finger and "atsu" meaning pressure. Application of pressure to specific regions of the body along energy meridians. The goal is to restore healthy flow of energy throughout the body. Traditionally performed on a mat with loose clothing.

*50/80 minutes - \$185/\$255*

### **Sports & Fitness Massage**

Designed to enhance the athletic performance and recovery. A sport specific massage that includes stretching, cross fiber friction and range of motion techniques.

*50/80/105 minutes - \$190/\$260/\$325*

### **Swedish Massage**

A classic general and relaxing full body wellness massage utilizing the five traditional Swedish strokes.

*50/80/105 minutes - \$180/\$250/\$315*

### **Sweet Dreams**

A quartz crystal bowl sings sweetly, colors and lights are visualized and invoked to harmonize, sending waves of calm throughout the entire body. A massage and anointment to your face, neck and feet relieves tension and transports the spirit. A sublime body massage with Sweet Heart oil is the final touch for this journey that will lull you into the place of sweet dreams.

*80/105 minutes - \$265/\$360*

### **Thai Massage**

A full body treatment that involves passive yoga like stretching and pressure point massage along the body's major energy channels to release blocked energy, relieve tension, help align the skeletal structure and increase flexibility. Traditionally performed on a mat, with loose clothing.

*80/105 minutes - \$265/\$360*

### **Tension Reliever Massage**

This efficient 20 minute massage incorporates bodywork that reaches the tension retaining areas of muscle tissue such as neck, shoulders, back and feet.

*20 minutes - \$95*

### **En-Suite Massage**

Select massage, hairstyling and nail care services are available in the privacy of your guest suite by appointment. Additional fees may apply. Please contact our Spa Concierge for more detailed information.

*50/80/105 minutes - Additional \$50 per service*

*After hours please add \$80*



## Body Treatments

### Coffee Mocha Scrub

Indulge your body with the sweet smell of coffee and chocolate. Coffee infused salt, cacao nibs, dried island hibiscus flowers and cocoa butter will invigorate, tighten, smooth and moisturize your skin. Excellent for dry tired skin leaving you with a bright and healthy glow.

*50/80 minutes - \$185/\$245*

### Citrus Pa‘akai (salt) Scrub

Cleanse, detoxify and energize your body with the invigorating citrus scents of lemon and orange. Organically infused local lemon salt, lemon and orange peel together with a divine blend of botanical extracts will exfoliate and invigorate your skin. An application of our lemon body butter soothes and moisturizes your skin.

*50/80 minutes - \$185/\$245*

### Green Tea Water Cure & Wrap

Stimulates circulation and lymphatic system with a dry brush exfoliation followed by a green tea, lavender and peppermint infused bath followed with a green tea oil massage and wrap and while enveloped receive a face, neck, scalp and foot massage. Your body will absorb the antioxidants and moisturizing properties of the green tea oil.

*105 minutes - \$325*

### Hau‘oli Wāwae

(Foot, Neck and Scalp Treatment)

“Take care of your soul” while you enjoy this divine foot treatment, followed by a healing and balancing foot massage to calm and reduce stress in the body, mind and spirit. A luxurious face, scalp and neck massage included. Excellent for expectant mothers.

Note: this treatment is only available indoors.

*50 minutes - \$190*

### Island Glow

This natural blend of sugar cane, coconut oil and island honey, hand mixed with locally grown organic vanilla beans and fragrant cinnamon is an aromatic exfoliating experience. Leaves skin feeling velvety smooth and soft.

*80 minutes - \$245*

### Polynesian Niu (Coconut) Scrub

Our deliciously scented, luxuriously tropical treatment combines coconut with other luscious island ingredients to gently polish and hydrate your skin. This service may be enjoyed as either a 50 minute Scrub or an 80 minute Scrub and Wrap combination.

*Scrub: 50 minutes - \$190*

*Scrub and Wrap: 80 minutes - \$245*

### Sun Relief Ti Leaf Wrap

Calm and soothe sunburned skin with a cooling, protective blend of aloe, lavender and green tea extract. Using locally grown ti-leaves enhance the therapeutic effects of this treatment by drawing heat from the body and providing soothing relief.

*50/80 minutes - \$185/\$245*

*An additional 20 minutes may be added onto any treatment for \$90 with the exception of any 105 minute service or pregnancy massage.*





## *Skin Care*

Hualalai Spa is pleased to use Epicuren Discovery and Eminence Organic Skin Care the most unique and effective products, offering treatments and products designed to produce a fundamental improvement in the health of your skin while providing the most advanced and effective anti-aging systems available using luxurious natural ingredients.

### **Anti-Aging**

This dramatic treatment is the perfect balance between science & nature. We begin with a deep cleansing followed by exfoliation and light extractions. A 5% enzyme peel is applied to the skin, followed by 2 masques that are designed to lift and tighten. Serums are applied to leave the skin feeling soft, youthful and balanced.

*80 minutes - \$240*

### **Custom**

This indulgent treatment is custom designed for your particular skin condition to deeply cleanse & rejuvenate the skin. You will discuss specific concerns and your esthetician will design a treatment to suit your specific needs.

*80 minutes - \$240*

### **Deep Cleansing**

This is a thorough, deep cleansing facial designed to improve the look of the pores, minimize breakouts and soften the skin. Ideal for congested or acne skins. Impurities are removed and extractions are performed, followed by custom masques. You will leave feeling clean and refreshed.

*80 minutes - \$240*

### **Hualalai Signature Facial**

This facial offers you the ultimate in relaxation. We will use the finest ingredients and latest technology for hydration & revitalization. You will be indulged with an eye and lip treatment as well as extended face, shoulder, neck, hand ,arm, foot & leg massage.

*80 minutes - \$250*

**Classic**

This facial addresses a variety of skin concerns such as premature aging, wrinkling, sun damage and loss of vitality. The cure comes from nature. Let the aromas treat your senses and the natural ingredients of herbs and fruits impart health and beauty to your skin.

*50/80 minutes - \$180/\$240*

**Express**

When time is of the essence, this facial will revitalize your skin leaving it healthy, cleansed and toned.

*20 minutes - \$95*

**Kane (Men’s) Facial**

This is a deep pore cleansing facial; followed by steam, exfoliation, extractions and a custom masque to help rebalance and revitalize the skin. Formulated to help calm the effects of sun, sports, shaving and harsh abrasives.

*50/80 minutes - \$180/\$240*

**Liquid Lift Peptide**

This unique facial uses peptides to add volume to the skin and increase firmness and tissue repair while phyto serum is used to stimulate cellular turnover. This facial will help improve fine lines, wrinkles and puffiness. The ingredients will also increase moisture levels and invigorate the skin.

*50/80 minutes - \$180/\$240*

*Intraceuticals*

**Clarity Infusion®**

Soothing botanicals naturally help reduce bacteria to calm inflammation and redness. Helps control excessive cellular build-up and oil production while clarifying and refining the skin. Results are not only instant but continue to improve in the following days.

*50 minutes - \$260*

**Opulence Infusion®**

Super concentrated vitamin C and natural plant extracts safely and naturally treat the cause of uneven skin tone while revealing newfound luminosity and radiance. Your skin will emerge deeply hydrated, balanced and glowing with health and vitality. Results are not only instant but continue to improve in the following days.

*50 minutes - \$260*

**Rejuvenate Infusion®**

Oxygen under pressure is applied directly to the skin’s surface cooling and calming the skin while restoring skins natural vitality and glow. This skin quenching treatment deeply infuses a cocktail of vitamins and antioxidants. Your skin will emerge deeply hydrated, youthful and glowing with a noticeable reduction in fine lines and wrinkles and a visible lift. Safe for all skin types even the most sensitive or stressed skin. Results are not only instant but continue to improve in the following days.

*50 minutes - \$260*

*Facial Enhancements*

**Aromatherapy Warm Paraffin Mask**

Our warm and soothing Paraffin Mask noticeably improves hydration and nourishes the skin.

*Hands or feet - \$35*

**Atoxelene Infusion®**

Designed specifically to refine the forehead, soften eye contour and immediately plump and smooth the lips.

*20 minutes - \$125*

**Bright Eyes**

An amazing revitalizing eye treatment using the Opal system to infuse natural ingredients of naseberry, cucumber, wild plum and raspberry.

*\$35*

**Deep Conditioning**

A potent vitamin and protein complex that revives dull, damaged hair, leaving it soft, healthy and full of life.

*\$40*

**Hot Oil Therapy**

If you have damaged or dry hair as a result of such things such as coloring, blow-drying, straightening, or other styling factors, our leave in hot oil treatment is excellent for your hair.

*\$40*

**Step it Up Lip Treatment**

A three step treatment is designed to exfoliate, soften and smooth leaving your lips feeling plump and moisturized.

*\$35*

## Hualālai Salon

### Women's Hair Care

Shampoo, Cut and Blow Dry	\$95 & up
Shampoo Blow Dry	\$60 & up
Shampoo Blow Dry Style (using tools)	\$85 & up
Shampoo Roller Set	\$85 & up
Root Touch Up	\$90 & up
New Color Application	\$100 & up
Color Glaze	\$100 & up
Partial Highlights	\$100 & up
Full Highlights	\$160 & up
Bang Trim	\$25
Shampoo	\$35
Blow Dry	\$60
Bang Trim	\$25
Deep Conditioning	\$50 & up
French Braid	\$85
Corn Row Braids	\$12 per braid & up
Special Occasion Styling	\$95 & up
Bridal Hair Design	\$130 & up

*(Bridal Hair Design includes complimentary consultation with stylist prior to wedding day and veil or hair piece placement.)*

- An additional \$20 will be added to all services when working with extensions.
- An additional charge will be added to all services when working with dense hair, determined by stylist.
- For any corrective color, price determined by consultation with stylist.

### Finishing Touches

Make-Up Application	\$85
Eye Lash Application	\$35

### Men's Hair Care

Shampoo, Cut and Style	\$55
Beard Trim	\$25
New Color Application	\$70

### Nail Care

Hualālai Foot Ritual	\$160
Hualālai Apothecary Manicure	\$95
Hualālai Apothecary Pedicure	\$130
Deluxe Manicure	\$85
Deluxe Pedicure	\$120
French Manicure	\$65
French Pedicure	\$95
Basic Manicure	\$55
Basic Pedicure	\$85
Express Manicure (trim, file & polish)	\$40
Express Pedicure (trim, file & polish)	\$50
French Polish Change Hands or Toes	\$30
Polish Change Hands or Toes	\$35
Warm Moisturizing Paraffin	
Mask Hands or Feet	\$30
Nail Soak Off	\$30 & up

- For any nail repairs, price determined by consultation with technician

### Keiki Services (Ages 4-8)

Shampoo, Cut and Style	\$70 & up
Cut Only	\$45
Corn Row Braids	\$12 per braid & up
Flower Girl Style	\$60 & up
Keiki Manicure	\$40
Keiki Pedicure	\$50
Nail Art	\$8 per nail



## Wellness Services

### Acupuncture

Acupuncture, the ancient Chinese healing art, employs the use of hair-fine needles along the body's meridians, the continuous circulatory channels carrying the body's life force energy, to restore balance.

*50/80 minutes - \$190/\$285*

### Physical Therapy

Our licensed physical therapist will evaluate your injury and determine the best course of treatment to assist in the body's healing process. The therapist will develop an exercise program specifically designed for you addressing flexibility, strength, balance, range of motion, asymmetry, muscle imbalances and functional limitations.

*50 minutes - \$175*

### Sound/Energy Healing

Refresh your energy! A real treat for those interested in sound/energy healing, a holistic experience to rejuvenate and relax the body and mind. This is great for jet lag, chakra balancing or simply enjoying the healing effects of sound. Music, quartz crystal bowls, Tibetan singing bowls, and chimes create a vortex of energy and sound. This relaxing meditation-style class is so soothing and uplifting!

*60 minutes - \$160*

### Yoga Therapy

Research has shown that Yoga is beneficial for our health and well being in many ways. Yoga Therapy is the adaptation of yoga practices for people with specific conditions to help increase immune function, decrease stress and alleviate symptoms. From chronic pain to cancer treatment, physical injuries, autoimmune diseases, and/or mental and emotional imbalances: Yoga Therapy offers a wide variety of techniques such as stretching, structural alignment, breathing exercises, and guided relaxation. Receive a complementary Hawaiian Healing Yoga® DVD for home practice with initial session.

*90 minutes - \$190*

## Spa Packages

### Detox Escape

Our Detox Escape can help renew your body's ability to maintain optimum health by removing and eliminating toxins from the outside in. Our Detox Escape begins with a skin brushing, is followed by an 80 minute Sea Clay and Volcanic Mud Wrap, 80 minute Detox Water Cure and 50 minute Stimulating Massage.

*\$620*

### The Hualalai Experience

Immerse yourself in Hawai'i by indulging yourself with our 50 minute Polynesian Niu Scrub, a 50 minute Hawaiian Lomi Lomi Massage, and 50 minute Kane Facial or Classic Facial. Start or end your day with complete relaxation.

*\$520*

### Romance Escape

Our Romance Escape allows you to connect and renew. Find balance, relieve tension and stress, energize and revitalize yourselves – physically and emotionally. The scene is set for total harmony and tranquility. Includes a heavenly soak with our 50 minute Aphrodisiac Bath in our Hinoki tub, healing and soothing 80 minute Island Glow Body Scrub, 80 minute Aromatherapy massage with our Signature Romance oil or lotion.

*\$620 per person (For 2 guests)*

# General Information

## Hours of Operation

Spa Services	8:00 a.m. to 8:00 p.m.
Salon	9:00 a.m. to 7:00 p.m.

## Spa & Salon Reservations

We highly recommend booking your appointments in advance by calling (808) 325-8440 (in-house, dial 53). You may request a specific service provider, however we cannot guarantee availability.

To reschedule or cancel an appointment, please let us know four (4) hours in advance to avoid being charged in full. The cancellation policy for groups is 72 hours in advance of arrival.

Please note that services, hours and prices are subject to change with or without notification.

## Minimum Age

Salon services are available for all ages. Our Spa experience is designed for guests sixteen (16) years of age and older.

## Spa and Salon Courtesies

To preserve the tranquility of our facilities, cellular phones are not allowed in the Spa and Salon.

Please let us know when making your reservation and inform your service provider if you have any health concerns such as medical conditions, allergies, have had recent surgery, or illness, or are pregnant.

Smoking, alcohol and pets (other than service animals) are prohibited in the Spa and Salon.

Services will begin and end at their scheduled time as a courtesy to all our guests. We suggest arriving 30 minutes prior to your scheduled service to allow a leisurely check-in and time to relax and enjoy our facilities.

## Our Facilities

- Nineteen indoor/outdoor treatment rooms
- Saunas
- Cold plunge pools
- Steam rooms
- Men’s and Women’s indoor/outdoor lounge areas
- Keyless custom lockers
- Indoor and outdoor showers
- Unique apothecary with over 20 natural ingredients custom blended for each individual
- Zero Gravity chairs at the Salon
- Private treatment hale with Hinoki tub for Duet services
- Exclusively for Spa guests: Waiea (Water of Life) Garden
- Poolside massage

## Gratuities

Gratuities in appreciation for excellent service are welcome and are at your discretion. The general recommended amount is 20% of your total treatment fee(s).



