

Condé Nast Traveler

EXCLUSIVE!
HOW
GOOGLE
IS CHANGING
THE WAY
WE TRAVEL

TRUTH IN TRAVEL

APRIL 2009

WORLD'S BEST BEACHES

13 Great-Value Escapes in Brazil, Argentina, Uruguay

(Eleventh in a Series)

PARIS
ULTIMATE
INSIDER'S
GUIDE

READERS' POLL

79 TOP SPAS

UNITED STATES
MEXICO
CARIBBEAN
CANADA



FRUGAL
FLIER

BIG BARGAINS,
BEST SEATS
FROM COACH
TO FIRST

PLUS:
ENGLAND
EGYPT
TOKYO



Top 79 SPAS

in the United States, Mexico, the Caribbean, and Canada

Call it a sign of our stressed-out times: This year, more of our spa-going readers rate more of the very best places to unwind—awarding higher scores than ever. Find out their favorite retreats—and get the skinny on the latest trends

Garden of delights: Cold plunge pools, hot tubs, and treatment rooms are set amid the tropical grounds at the recently expanded spa of the Four Seasons Resort Hualalal, rated number two among domestic resorts.

- Overall Score
- Location
- Spa Facilities
- Treatments
- Spa Staff
- Rooms
- Service
- Food/Dining
- Activities/Other Facilities
- Number of Rooms
- Price

TOP 79 SPAS



●●● Taking the waters (from far left): At Montage Laguna Beach's spa whirlpool, and a hydrotherapy treatment room.



RESORT SPAS Hawaii is a state of bliss for spa-goers, with the top two properties—and eight of the top 38—situated on the islands. And California is golden: Among its nine top-raters, Sonoma's Kenwood Inn & Spa got perfect scores for staff and treatments, which often involve local wine extracts.



	OVERALL SCORE	Location	Spa Facilities	Treatments	Spa Staff	Rooms	Service	Food/Dining	Activities/Other Facilities	Number of Rooms	Price	
Four Seasons Resort Maui at Wailea; 808-874-2925	96.0		98.1	95.2	97.6	96.4	95.3	95.6	95.9	95.6	380	\$\$\$
Four Seasons Resort Hualalai, Big Island; 808-325-8440	94.7		94.8	95.1	96.4	96.4	97.2	94.4	91.4	95.0	243	\$\$\$
Kenwood Inn & Spa, Sonoma, Calif.; 707-833-1293	94.5		96.2	76.2	100	100	96.2	100	92.3	88.5	29	\$\$
Four Seasons Resort The Biltmore, Santa Barbara; 805-565-8250	92.3		92.1	100	96.4	96.4	93.1	94.4	90.7	83.9	207	\$\$\$
Montage, Laguna Beach, Calif.; 949-715-6000	92.3		96.5	91.1	92.9	91.1	93.8	92.5	91.1	87.1	250	\$\$\$
Sanctuary at Kiawah Island Golf Resort, S.C.; 843-768-6340	92.3		92.7	93.0	88.4	88.4	92.7	90.9	90.8	94.4	255	\$\$\$
Inn at Palmetto Bluff, Bluffton, S.C.; 843-706-6615	92.1		90.0	95.5	100	90.9	96.7	92.2	84.4	93.0	50	\$\$\$
Ritz-Carlton, Bachelor Gulch, Avon, Colo.; 970-748-6200	92.1		92.5	96.1	95.8	94.1	93.3	92.9	84.9	92.4	180	\$\$
The Broadmoor, Colorado Springs, Colo.; 719-577-5770	91.6		92.5	92.5	91.0	88.2	91.1	92.4	90.7	90.9	700	\$\$\$
Four Seasons Resort Jackson Hole; 307-732-5120	91.4		94.2	95.7	90.9	95.7	95.2	95.1	85.4	87.1	124	\$\$
Four Seasons Resort, Lana'i at Manele Bay; 808-565-2088	91.4		96.6	77.5	95.0	95.0	92.3	91.3	86.5	87.9	236	\$\$\$
Ritz-Carlton Orlando, Grande Lakes, Fla.; 407-393-4200	91.3		78.8	96.3	96.3	96.3	95.2	94.7	92.5	92.9	584	\$\$
Halekulani, Waikiki; 808-931-5322	91.0		94.5	93.8	96.9	96.9	87.7	93.3	92.9	84.0	453	\$\$
Enchantment Resort, Sedona; 928-203-8500	90.8		94.5	96.3	93.5	93.5	89.4	87.0	86.9	89.9	221	\$\$\$
Ritz-Carlton, Amelia Island, Fla.; 904-277-1087	90.6		90.2	89.8	92.0	94.0	92.7	91.5	89.0	87.9	444	\$
Four Seasons Resort Scottsdale at Troon North; 480-513-5145	90.4		85.8	84.2	89.3	87.7	93.7	92.8	88.7	92.1	210	\$\$\$
Ritz-Carlton Golf Resort, Naples, Fla.; 239-514-6100	90.4		85.2	92.7	90.2	92.7	92.3	94.4	90.0	89.7	450	\$\$
Ritz-Carlton Resort, Laguna Niguel, Dana Point, Calif.; 949-240-5020	90.2		94.4	88.9	90.9	89.1	91.4	90.6	88.5	85.1	395	\$\$\$
Carneros Inn, Napa Valley; 707-299-4850	90.1		87.1	95.2	95.2	92.9	95.0	90.6	91.2	86.0	86	\$\$\$
Wynn Las Vegas; 702-770-3900	90.0		86.8	96.0	94.9	93.9	95.3	85.3	90.4	88.6	2,716	\$\$
Calistoga Ranch, Napa Valley; 707-254-2820	89.9		90.4	93.8	96.9	96.9	90.5	89.7	88.6	84.5	46	\$\$\$
Mauna Lani Resort, Big Island; 808-881-7922	89.5		95.1	94.6	94.7	92.1	88.8	87.8	84.3	88.6	343	\$\$
Park Hyatt Beaver Creek Resort and Spa, Colo.; 970-748-7500	88.7		95.2	94.4	97.2	86.1	88.2	84.9	78.9	92.5	190	\$
The Phoenician, Scottsdale; 480-423-2452	88.7		90.6	84.3	84.2	82.6	88.1	89.3	86.0	90.0	647	\$\$
Sanctuary on Camelback Mountain, Paradise Valley, Ariz.; 480-948-2100	88.7		89.0	96.1	94.1	88.2	90.1	89.6	87.4	83.4	105	\$\$\$
Grand Hyatt Kauai Resort & Spa; 808-248-6440	88.6		93.5	91.7	94.4	97.2	86.5	85.7	81.6	90.2	602	\$\$
St. Regis Resort, Monarch Beach, Dana Point, Calif.; 949-234-3367	88.5		87.2	96.4	96.4	89.3	93.9	86.6	84.1	87.3	400	\$\$\$
Boulders Resort & Golden Door Spa, Scottsdale; 480-595-3500	88.2		86.7	95.2	95.2	92.9	89.5	87.5	82.8	90.2	220	\$\$
Fairmont Kea Lani, Maui; 808-875-2229	88.2		94.3	73.5	85.7	88.6	92.7	89.7	81.6	83.1	450	\$\$\$
St. Regis Resort, Aspen; 970-920-6783	88.2		96.0	80.8	80.8	84.6	88.4	88.5	84.2	85.3	179	\$\$
Four Seasons Resort Aviara, Carlsbad, Calif.; 760-603-6800	87.9		79.6	92.5	87.9	92.5	93.6	90.4	87.9	86.5	373	\$\$
Sundara Inn & Spa, Wisconsin Dells, Wisc.; 608-253-9200	87.4		80.8	95.5	90.9	95.5	92.3	88.5	65.4	92.3	38	\$
The Breakers, Palm Beach; 561-655-6611	87.3		93.4	91.2	88.2	85.3	81.1	87.2	84.8	86.1	540	\$\$
Lodge at Torrey Pines, La Jolla, Calif.; 858-453-4420	86.9		92.0	76.7	80.0	80.0	87.6	87.5	86.0	83.4	170	\$\$
The Greenbrier, White Sulphur Springs, W.Va.; 304-536-7745	86.7		78.7	90.9	90.9	93.2	85.2	92.0	88.4	87.4	721	\$\$
Hyatt Regency Tamaya Resort & Spa, Bernalillo, N.M.; 505-771-6134	86.6		80.8	93.3	89.7	93.3	91.0	85.9	83.3	85.1	350	\$
Ritz-Carlton, Kapalua, Maui; 808-665-7079	86.4		84.7	86.0	94.0	92.0	85.4	86.0	87.5	86.6	463	\$\$\$
American Club, Kohler, Wisc.; 920-457-7777	86.2		75.9	89.8	92.0	88.0	88.1	92.9	87.4	84.5	185	\$\$

Key: \$ = less than \$250 per day \$\$ = \$250-\$449 \$\$\$ = \$450 or more. Rates are for a double room during the month of April.

Dream Treatments

With sleep disorders rampant—reports say that one in three adults suffers from insomnia—increasing numbers of spas are helping guests get more shut-eye. In Utah, **Red Mountain Spa's** three-day sleep retreat pinpoints sleep problems and devises personalized techniques to help guests unwind. At Connecticut's **Mayflower Inn**, workshops include stress management, aromatherapy, and massage. **Iru Fushi Beach & Spa Resort** has brought sleep therapies to the Maldives, with relaxation-emphasizing yoga classes and evening spa sessions to bring on the z's.



Masking a problem: Strawberry Jim's cucumber-slice sleep mask blends an old-fashioned sleep aid with a spa staple (strawberryjim.com; \$25).

TOP Resort Spas for

LOCATION	SPA FACILITIES	TREATMENTS	SERVICE
98.1 Four Seasons Resort Maui at Wailea	100 Four Seasons Resort The Biltmore , Santa Barbara	100 Inn at Palmetto Bluff , Bluffton, S.C.	100 Kenwood Inn & Spa , Sonoma, Calif.
96.6 Four Seasons Resort, Lana'i at Manele Bay	96.4 St. Regis Resort, Monarch Beach , Dana Point, Calif.	100 Kenwood Inn & Spa , Sonoma, Calif.	95.6 Four Seasons Resort Maui at Wailea
96.5 Montage , Laguna Beach, Calif.	96.3 Enchantment Resort , Sedona	97.6 Four Seasons Resort Maui at Wailea	95.1 Four Seasons Resort Jackson Hole
96.2 Kenwood Inn & Spa , Sonoma, Calif.	96.3 Ritz-Carlton Orlando, Grande Lakes , Fla.	97.2 Park Hyatt Beaver Creek Resort and Spa , Colo.	94.7 Ritz-Carlton Orlando, Grande Lakes , Fla.
96.0 St. Regis Resort, Aspen	96.1 Ritz-Carlton, Bachelor Gulch , Avon, Colo.	96.9 Calistoga Ranch , Napa Valley	94.4 Four Seasons Resort Hualalai , Big Island
	96.1 Sanctuary on Camelback Mountain , Paradise Valley, Ariz.	96.9 Halekulani , Waikiki	94.4 Four Seasons Resort The Biltmore , Santa Barbara
	96.0 Wynn Las Vegas	96.4 Four Seasons Resort The Biltmore , Santa Barbara	94.4 Ritz-Carlton Golf Resort , Naples, Fla.



INTERNATIONAL RESORT SPAS Canada, Mexico, and the Caribbean are the places to be for travelers looking for a little R and R outside the US of A. Topping the list: Rosewood's King Pacific Lodge, a moored fishing lodge that hooks a perfect score for its British Columbia harbor location.

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	OVERALL SCORE	Location	Spa Facilities	Treatments	Spa Staff	Rooms	Service	Food/Dining	Activities/Other Facilities	Number of Rooms	Price
King Pacific Lodge , Princess Royal Island, B.C.; 604-987-5452	96.9	100	96.9	95.7	95.7	96.9	96.9	96.9	96.9	17	\$\$\$
One&Only Palmilla , Los Cabos; 52-624-146-7000	94.4	94.5	93.9	93.9	93.9	97.0	95.2	92.1	93.9	172	\$\$\$
Wickaninnish Inn , Tofino, Vancouver Island; 250-725-3100	94.2	98.8	87.6	95.8	95.8	93.2	93.2	94.4	87.6	172	\$\$
JW Marriott Cancún Resort & Spa ; 52-998-848-9700	92.6	96.0	91.3	84.4	84.4	98.0	93.3	87.2	91.3	452	\$\$
Ritz-Carlton, Grand Cayman ; 345-943-9000	92.1	93.7	90.1	97.0	100	93.0	91.5	89.4	90.1	365	\$\$\$
Four Seasons Resort Whistler , B.C.; 604-935-3400	91.6	91.7	91.7	91.3	95.8	94.3	91.1	85.9	91.7	273	\$\$
Las Ventanas al Paraíso , Los Cabos; 52-624-144-2800	91.2	90.5	90.5	93.8	90.6	91.5	90.6	90.6	90.5	71	\$\$\$
One&Only Ocean Club , Paradise Island, Bahamas; 242-363-2501	91.0	95.4	85.3	95.8	95.8	93.8	89.2	87.7	85.3	104	\$\$\$
Royal Hideaway Playacar , Playa del Carmen; 52-984-873-4500	91.0	92.2	83.3	90.6	93.8	91.4	91.4	89.7	83.3	200	\$\$\$
Four Seasons Resort Punta Mita , Mexico; 52-329-291-6000	90.8	89.4	89.2	100	100	89.4	91.5	86.2	89.2	173	\$\$\$
Four Seasons Resort Costa Rica , Guanacaste; 506-2696-0129	90.0	83.6	89.8	95.0	96.7	92.5	94.3	82.3	89.8	193	\$\$\$
Four Seasons Resort Nevis ; 869-469-1111	89.3	93.0	84.5	90.4	90.4	89.9	91.5	86.9	84.5	196	\$\$\$
Anse Chastanet and Jade Mountain Resorts , St. Lucia; 758-459-4000	89.2	93.0	88.3	95.7	95.7	92.8	92.9	80.5	88.3	78	\$\$\$
Peter Island Resort , Tortola; 284-495-2000	89.0	95.8	85.1	100	90.0	83.0	88.3	87.4	85.1	52	\$\$\$
CuisinArt Resort & Spa , Anguilla; 264-498-2000	88.8	95.4	85.2	96.4	92.9	89.8	84.3	84.0	85.2	93	\$\$
Ritz-Carlton, Cancún ; 52-998-881-0808	88.2	92.6	82.4	85.2	85.2	89.3	93.3	83.2	82.4	365	\$\$

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METHODOLOGY Condé Nast Traveler's 2009 Spa Poll results were derived from our annual Readers' Choice Survey, whose questionnaire was available through a secure Web site. Tabulation of the survey's 32,633 responses was done by Mediamark Research, Inc., of New York City. Spas were rated excellent, very good, good, fair, or poor for Location, Spa Facilities, Treatments, Spa Staff, Rooms, Service, and Food/Dining (resort and destination spas were also rated on Activities/Other Facilities). Criterion scores, representing the percentage of respondents rating a spa excellent or very good, were averaged to determine the final score. Only spas receiving a required minimum number of responses were included in these rankings.