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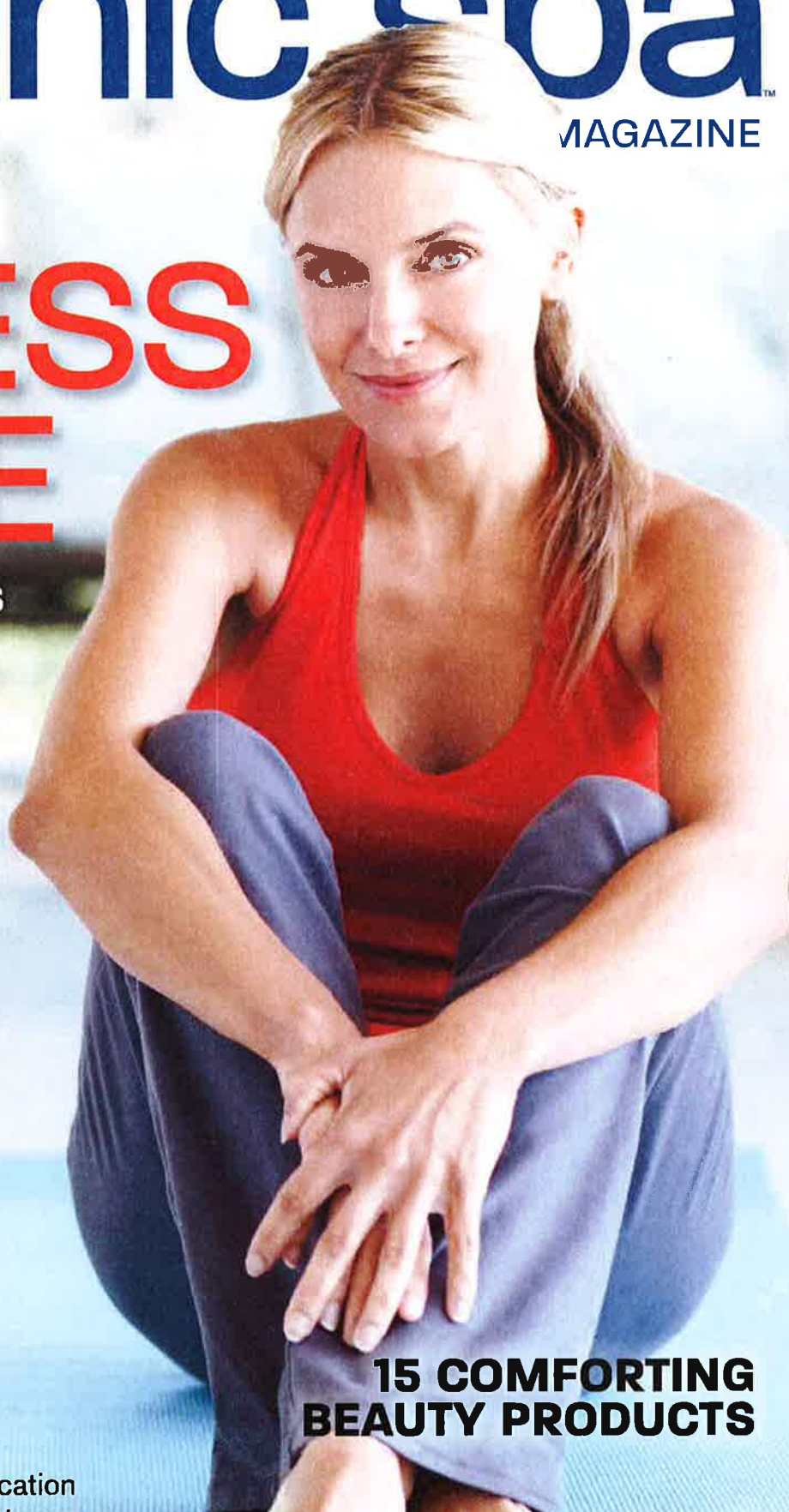
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**15 COMFORTING
BEAUTY PRODUCTS**



at play



Romantic Rituals

We've picked the best spa treatments for couples from Kona to Bora Bora to Chicago.

FOUR SEASONS HUALALAI

Kona, Hawaii

Set on the Big Island's exclusive Kona-Kohala Coast, this treatment captures the essence of Hawaiian culture with the sultry **Linohau** (which translates to "perfection") for two. It begins with the couple relaxing by a quiet stream in the open-air Waiea, or "Water of Life" garden. Each private suite features dual outdoor showers, a Japanese cedar soaking tub and a private garden. You're then led to the Spa's Apothecary, influenced by island healers who shared their knowledge of native plants and minerals. Choose from more than 20 local natural ingredients—from Hawaiian sea salt to crushed macadamia nuts—for a custom-blended Hulali ("sparkle") scrub to exfoliate. Side-by-side body masks made of indigenous ingredients follow for moisturizing, cleansing, and softening. You're then cocooned in warm linens before enjoying an extended massage. The **Linohau** lasts two hours and costs \$800 per couple; fourseasons.com/hualalai

Continued on the next page

move it

Best Spa Treatments for Couples | By Nicole Dorsey Straff



HILTON BORA BORA NUI RESORT & SPA

Bora Bora, French Polynesia

"During couples treatments, we try to give our guests a sense of place and a real taste of Polynesia," says spa director Anthony Nayeli. After a magical day on Motu Tapu, the resort's private island, you revel in a 4-hour ceremony called the "Nehe Nehe" (loosely translated to mean "pretty"), a magical journey that starts with a floral foot-cleansing ritual for two. Your therapists perform the exotic Maru Maru body scrub (featuring freshly grated coconut, ginger, and lemongrass) and "Haari" body wrap, a nourishing coconut paste assisted by the placement of heated volcanic stones hand-picked from Tahiti's beaches. After enjoying some private time in the Jacuzzi with champagne and fresh fruit, the lucky duo experiences a "Noa Noa" bath with hundreds of floating, sensuous Tiare Tahiti blossoms. Finally, a 60-minute side-by-side massage is followed by a hydrating facial. The "Nehe Nehe" costs roughly \$800 for two depending on U.S. conversion rates; hilton.co.uk/borabora

SE SPA SAN DIEGO ↓

San Diego, CA

Just minutes from the bustling waterfront and the Gas Lamp National Historic District, Se Spa treatments transport you to the Silk Road with indulgences from Asia, India, Northern Africa, and Japan. "Our Moroccan Rasul is a classically styled steam room where you share silky mud-cleansing rituals with herbal steam baths," says spa director Marisa Soliz. In the 90-minute **Rockin' Rasul**, couples share a bowl of mineral-rich clay to nourish, hydrate, and detoxify the skin, and they're instructed how to paint the clay on each other from head to toe. After the clay hardens, the special room fills with aromatic steam for 10 more minutes to help clay penetrate. After a rain shower, a 60-minute Hot Stone Massage ensues, accompanied by sound therapy using harmonic resonance technology. "Sound vibrations resonate throughout your entire body and the tonality of the music blends with the massage strokes," says Soliz. Heaven! The **Rockin' Rasul** costs \$220 per person; sesandiego.com



← THE SPA AT TRUMP INTERNATIONAL HOTEL & TOWER

Chicago, Illinois

Soaring up 92 stories, this sleek Trump International Hotel and Tower Chicago is made of polished stainless steel and iridescent tinted glass. Each spa guest room has views of Magnificent Mile, the Chicago River, and the city's illustrious architectural landmarks so you never leave the coziness of your own abode to spa. The **Romance & Relaxation** couples package begins with a side-by-side bath with skin-softening salts and major bubbles. You'll sip a glass of champagne and nibble from a daily selection of oysters on ice. After rising from the foam, get lazy with an aroma-infused couples massage while candles burn and music plays. The **Romance and Relaxation** treatment lasts two hours and costs \$675 per couple; trumpchicagohotel.com



← KOHLER WATERS SPA at the American Club Resort

Kohler, Wisconsin

Get ready to be romanced at this turn-of-the-century Tudor estate where a recent refurbishment delivered lounge areas, a rooftop deck, sauna and steam room, and more. Their signature couples treatment uses the magical properties of water, of course, evidenced by the Kohler bathtub manufacturer moniker. The **River Bath and Massage Signature** (75 minutes) begins with a dry-brush body exfoliation to prepare skin and muscles for these mineral-rich baths. The large, fragrant tub envelops both of you in eight color-therapy hues along with massaging whirlpool jets. Post-bath, a Swedish massage follows with application of a hydrating moisturizer. The **River Bath and Massage for Two** costs \$200 per person; destinationkohler.com

HERMITAGE BAY RESORT ↓ *Antigua, Caribbean*

Lovers will discover 25 out-of-the-way cottages flanked by 140 verdant acres and the resort's new line of Siddhartha Signature Couples Treatments, perfect for honeymooners celebrating new love or for confirmed couples keeping the mojo alive! Several treatments tap natural aphrodisiacs and are designed to stimulate the senses. The **Art of Love** is performed in the guest's all-inclusive suite and uses the Dorissima Siddhartha line of products. Begin your 2.5-hour treatment with a cup of tea and a decadent foot cleansing using warm waters and Himalayan salts. Siddhartha body oil with grapefruit, Tonka bean, and vanilla help get the kinks out during a luxurious couples massage and bathtub soak. Finally, you'll enjoy a glass of champagne in bed while tropical breezes and breathtaking views set the mood. The **Art of Love** costs \$650 per couple; hermitagebay.com



LAS VENTANAS AL PARAISO A Rosewood Resort

Los Cabos, Mexico

In addition to a slew of indigenous treatments, such as the Nopal Cactus Desert Detox Wrap, the resident "Director of Romance," Esmeralda Silva, recently added a **Sleeping with the Stars** service in lieu of a more traditional PM turndown. After returning to your oceanfront suite after a Baja-Mediterranean dinner (maybe the Lobster Napoleon or Roast Suckling Pig), you'll find the king-size bed prepared on your very private terrace with champagne and chocolate-covered strawberries waiting. Staring at the Sea of Cortez, you may tinker with the telescope and accompanying guide to the constellations. "I work closely with each couple to ignite their passion. Love is in the details," says Silva. The **Sleeping with the Stars** camp-out is only \$100 per night; lasventanas.com



Nicole Dorsey Staff is *Organic Spa Magazine's* Contributing Editor of Play and Adventure.