

BREAKFAST

Breakfast Burrito \$9.50

Grilled flour tortilla, scrambled eggs, cheddar cheese, Portuguese sausage, bell peppers & onions

Egg White Wrap (V) \$9.50

Grilled whole-wheat tortilla, egg whites, cheddar cheese, spinach & roasted red peppers

Quinoa Oatmeal (VG, GF) \$9.50

Oats, quinoa, & amaranth topped with cranberry almond flax, blueberries, chia & cinnamon

Bagel Sandwich \$9.50

Scrambled eggs, cheddar cheese & bacon on a toasted plain bagel

Quiche \$6

Choice of local Waimea vegetables (v) or spinach & bacon

Fruit Cup \$8.50

Pineapple, cantaloupe, honeydew & watermelon

Mixed Berries \$10

Strawberries, raspberries, & blueberries

ACAI BOWLS

The Classic (V, GF) \$16

Organic acai blended with strawberries, blueberries & apple juice. Topped with our house made gluten-free almond granola, banana, coconut & agave

PB & J (V, GF) \$16

Organic acai blended with strawberries, blueberries, almond milk & peanut butter. Topped with our house made gluten-free almond granola, banana, honey & chia seeds

Power Coco (V, GF) \$16

Organic acai blended with strawberries, coconut water, blueberries, spirulina & protein powder. Topped with our house made gluten-free almond granola, banana, coconut flakes & chia seeds

LUNCH

All wraps & sandwiches are served with a pickle & bag of chips

SANDWICHES

Puna Chicken & Bacon \$15.50

Slow roasted chicken, bacon, sun dried tomato aioli & Swiss cheese

The Italian \$19.50

Prosciutto, hard salami, ham, provolone cheese, lettuce & tomato on house made ciabatta bread

Margarita (V) \$14

Mozzarella cheese, WOW tomatoes, fresh basil & pesto on house made ciabatta bread

Roasted Veggie (V) \$19.50

Green & yellow zucchini,

Tuna \$19.50

Tuna salad, WOW tomatoes & lettuce on whole wheat bread

WRAPS

Chicken Caesar \$15

Kekala baby romaine lettuce, grilled chicken & parmesan cheese with Caesar cardini dressing

Chicken Curry \$15

Hirabara mixed greens, curried Puna chicken & Pahoia papaya

The Veggie (V) \$15

Kekala mixed greens, WOW tomatoes, cucumber & avocado with a citrus vinaigrette

Turkey BLT \$16

Sliced turkey, bacon, lettuce, WOW tomatoes & mayonnaise

SALADS

Asian Chop \$20

Kekala mixed greens, Napa cabbage, grilled Kabayaka chicken & crispy won tons with a creamy soy dressing

Cobb \$19.50

Puna chicken, bacon, WOW tomatoes, avocado, egg & bleu cheese with a citronette dressing

Kale Chicken Caesar \$19.50

Kekala baby kale, grilled chicken & parmesan cheese with Caesar cardini dressing

We can fulfill orders for specific dietary restrictions and preferences with 24 hours' notice